

# ALL INDIA BANK OF BARODA OFFICERS' ASSOCIATION

(CENTRAL OFFICE)

Registered Under Trade Union Act. 1926 & Recognized by Bank  
(Affiliated to INTUC and INBOC)

Chairman: K.K.Nair  
President: R. K. Chatterjee  
General Secretary : Prem Kumar Makker  
General Secretary Mob : 9818227167  
Email : aiboboa1964@gmail.com



C/O Bank of Baroda  
3, Walchand Hirachand Marg  
Ballard Pier, Mumbai-400001  
Phone : 022-22618484, 49793233  
Website : www.aiboboa.org

AIBOBOA:CIR NO:2021/24

Date : 10.05.2021

## CIRCULAR TO MEMBERS & ALL OFFICERS IN BANK OF BARODA

Dear Friends,

**Re: COVID TIMES - BE A WINNER WITH CARE & HOPE**

Dear Friends,

You are aware that AIBOBOA has always been conscious and alert in taking officer friendly steps, as and when need arises and in the same ethos we held a meet on 08.05.2021 on the burning topic – **“COVID TIMES - BE A WINNER WITH CARE & HOPE”**.

**Apart from our President, Shri R K Chatterjee and undersigned, the meet was addressed by the guest speakers Mrs Swapna Bandopadhyaya, General Manager (HR), Bank of Baroda, HO Baroda, Sister B K Urmil, Director Brahmakumaris, Palam Vihar, Gurgaon & a world renowned doctor Dr. Prem Masand, MD.**

**Shri R K Chatterjee**, in his inaugural address, informed about the steps taken by our Association with the Bank for the welfare of officers in the present difficult time, when thousands of our officers are getting infected with Covid and some of them losing their lives. Top Management of the Bank has also been kind enough in acceding to our request by promptly introducing various relief measures Management has also been considerate in checking movement of officers in various campaign programmes as and when we raised the issue.

Mr.Chatterjee also informed the GM (HR) that though bank is very much considerate at corporate level in allowing relaxation/ relief to officers to save them from the onslaught of Corona, but some of our over enthusiastic Executives in some Zones / Regions ignore the corporate instructions and their actions expose the officers to the risk of Covid Infection. They are not prepared to understand and appreciate that business can come only if life remains. Hence, first priority should be to save life of officers. Such executives should be taught to be compassionate and sympathetic towards officers by running 'Life Saving campaigns' instead of Business Campaigns at this crucial juncture. He requested the Bank for expeditious disposal of compassionate appointments, payment of insurance claims and terminal benefits. For this Regional HR functionaries must be in constant touch with the bereaved families. He also stressed the need for sanction of leave promptly to those officers in whose family someone is tested corona positive.

**Dr. Prem Masand, MD**, who is accredited with delivering talks both at national and international level, in his highly motivating talk said that “HEALTH” is a factor mix of physical, mental, social and spiritual status of a person. Healthy means “Heal thy”- heal yourself. We can heal ourselves. Along with medicines and hospital our belief system i.e. our mind and body plays a vital role in healing a person. God has given us a software which is controlled by “TEAM” – Thoughts, Emotions, Attitude and Memory. If our software is healthy our hardware will function well. Two major emotions – Love and Fear control the life. If love dominates in your emotions it will lead to good immune system, hence no trouble to hardware/body. If fear dominates

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continuously (due to anxiety, uncertainty, depression and stress) then the oxygenated blood, instead of going to brain and other important organs of body, will collect in both feet resulting in stopping of healing. The fear, uncertainty, panic, depression and unwanted stress leads to more secretion of adrenaline in the body. Hence, along with physical aspects i.e. doing daily exercise, taking good diet and taking interest in hobbies we should contain our feelings and emotions to keep ourselves healthy.

**Sister Urmil, from Brahmakumaris** said that in the present Covid situation **entire world is transmitting low vibrations. The need of hour is 'not to panic' but rather to send positive vibrations telling others**, 'Do not worry', 'we are with you', 'this situation will change very soon'. We should provide mental support to all such people who suffer in today's pandemic, keep contacting them and giving them hope at frequent intervals. Hope is rope. She said **with meditation, we can keep our state of mind, immunity and energy at high levels**. We should keep ourselves connected with the God and **positive vibes will automatically come which will keep our software charged and energized**. She taught and gave some experience of Mediation to the attendees.

**Mrs. Swapna Bandopadhaya, GM (HR), Bank of Baroda, Head Office Baroda**, at the outset, conveyed her deep condolences to the bereaved families of 159 staff members who lost their lives while fighting battle against Corona. She also expressed her concern on rising number of infection among bank employees and informed that **Bank is very much passionate in taking decisions related to providing help to its staff** during this hard time of corona Pandemic. She said that our top management holds the views that **life is first & business is secondary**. She explained the initiatives taken namely providing **insurance of Rs.20 lacs, Ex-gratia of Rs.30 lacs to staff who meet untimely death due to Corona, providing Rs.25000/- to all who get infected with Corona, Payment of Rs.4500 for undergoing Corona Test; annual scholarship scheme of Rs.20000/- & Rs.30000/- for school and college going children for children of deceased employees due to Covid**. She assured that Bank is taking steps to expedite settlement of terminal benefits, insurance claims for those who lose their precious lives. Facility of Doctor on call has been introduced in almost all Zones/Regions. Work from Home culture and running offices / branches with 50% strength has been introduced. She said Bank will definitely be looking into the suggestions given by the Association. She said that **Bank has created one portal <https://bankofbaroda.sharepoint.com/sites/covid19help>** for extending help to all its employees. Many employees who have approached on this portal have already been benefitted by getting Oxygen, Plasma and Medicines etc. This portal extends help at Zone, Region and even at District levels. There are two parts in this portal, one for seeking help and other for extending help. At the end she prayed for early recovery of employees who are suffering from Covid.

**At the end, undersigned** expressed thanks to our guest speakers Dr. Prem Masand and Sister Urmil for their highly motivating talk explaining the importance of spirituality in dealing with the fear factor. We also expressed thanks to Mrs Swapna Bandopadhaya, GM (HR) for addressing the participants and assuring them of full support of Bank, thus making the employees/officers comfortable. Bank has always been considerate in accepting our suggestions and providing relief to employees. From our side also our **Association is taking steps by arranging oxygen concentrators, oxygen cylinders, doctor on call and helping officers in arranging hospitalization etc. at most of the Zones** with the active involvement of all Zonal Secretaries and Local Office Bearers. We have to really work hard for people who require help. This onerous task can be accomplished only by joint efforts of Bank, Association and Employees at large. There were some queries regarding vaccination. In this regard, undersigned informed that **UFBU has already taken up the matter with the Ministry. The DFS, Ministry of Finance GOI in turn has already instructed Chief Secretaries of all states advising them to vaccinate bank employees on priority basis, being Corona Warriors**. Our Bank has also

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been in touch with Serum Institute to explore the possibilities of how fast we can vaccinate our Bank employees.

The purpose of arranging today's programme was to educate all how we can help ourselves by invoking our inner powers and simultaneously help others.

The officers from all cross the country joined the programme on Zoom Platform and Facebook Live. The meeting ended with a vote of thanks from Mr. Rohit Kapoor, ZS, Chandigarh Zone. All such officers, who could not participate, may watch the recording on Facebook account of AIBOBOA, on the link [https://www.facebook.com/AIBOBOA/live\\_videos](https://www.facebook.com/AIBOBOA/live_videos)

With kind regards

Stay Safe, Stay Healthy

Yours sincerely,

**PREM KUMAR MAKKER  
GENERAL SECRETARY**